

CHURCH 104 Chatswood Road, Daisy Hill, Qld, 4127

Parish Priest Fr. Marce Singson

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Parish Pastoral Council, Chairperson Kevin Gauder Mobile: 0414 531 679

St. Edwards Care and Concern Mrs. Laura Ferrall - Coordinator Mobile: 0422 954 946

St Edwards Youth United Group Clare & Stuart Reabow—Coordinators Email: info@youthunited.life

> Columbarium Manager John Guiton Phone: 3299 5233

Welcome to St Edward the Confessor Parish

Established 1978

02nd—03rd March 2019 8th Sunday in Ordinary Time YOUR WORD TELLS ABOUT YOU

In our Gospel today, Jesus asks some questions vital for our daily life: "Can a blind guide another blind man?" "Why look at the speck of your brother's eye when you miss the plank in your own eye?" " A good tree doesn't produce bad fruit."

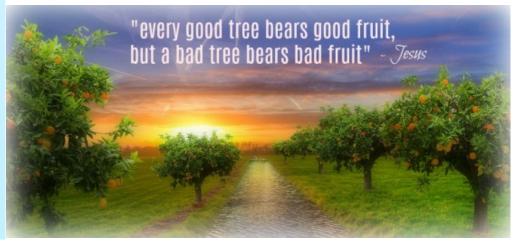
You've heard it said that you are what you eat. If that is true, it is more true that you are what you say. Your words reveal your heart. The things you say, and how you say them expose and unveil the condition and attitudes of your heart. I doubt most people realize this. If they did, they would be more careful about what they said and how they said it.

Most people think actions reveal the heart. There is even a saying we have all heard: "Actions speak louder than words." I am not necessarily disagreeing with that, but the Bible says that words speak loud enough by themselves. It is out of the overflow of the heart that the mouth speaks. It is the tongue that sets the body on fire. It is not what goes into a man that makes him unclean, but what comes out of him.

Do you want to judge your own character and condition of your heart? Don't look at your behaviour. We are experts at seeing only the good actions in our lives, and overlooking or excusing the bad. If you want to judge your own character, listen to what you say.

Becoming honest with ourselves begins with looking to the sin in our own lives before we point the finger at somebody else. You cannot help somebody else with their sin if you are blind to your own. It is only when you remove the plank from your own eye, that you become able to help others. If you want good fruit to be produced from your life, it is going to take exactly the same sort of hard work. Good fruit from a follower of Jesus Christ is no accident. It takes a lot of hard work and a refusal to compromise. Here is what all of this means for you and for me. Just as a full and lush tree does not necessarily produce the best fruit, so also a person who looks flowery and behaves like they are spiritually rich, may in fact be the worst trees to gather fruit from. In Revelation 3:17, Christ warns certain Christians who are rich and wealthy that though they appear to have it all together, they really are poor and destitute. It is not how you appear, or how you act, or how you dress that matters. What matters is your heart. And this is revealed by the fruit you produce.

Fr Marce Singson





WE REMEMBER

In our prayers all who have died recently,

Teogenes Baricuattzo Rolando Cabiluna Virginia T. Policarpio Perry Policarpio Aurora Flores de Asenjo Jam Boles May Timewill Ines Herrera and those whose anniversaries are in this

Greg Doolan Barbara Howard Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

month

If you would like our community to remember you or a family member in our prayers please complete the information in the register on the table at the back of the Church. **Thank you**



PLEASE PRAY For all our Sick parishioners

and family members: Deirdre Roberts

If you would like our community to remember you or a family member in our prayers please complete the information in the register on the table at the back of the Church. **Thank you**



BAPTISM We welcome into our

Christian community:

Paige Alyssa Munroe Verity Amber Taylor Adam Xiong

Baptism is 7 days a week. Please phone the parish office for information regarding Baptism. Thank you

CARE & CONCERN

VISITATION/COMMUNION FOR THE SICK

11.03.2019, 18.03.2019 & 25.03.2019

Please contact the office if you require a visitation/ home communion.



Men's Group Meeting "Getting to the Point"

Men's Group meet every 2nd and 4th Tuesday of the month. Next meeting 12 March 2019 @ 7.00pm Venue: Room at the back of the Church. For information contact: Ron Ferrall 3290 3110 referrall@optusnet.com.au

On Fasting and Abstinence

What does it mean to "fast"? To fast is to do without food. Its purpose is to experience the effects of not eating. It also serves to be a penance or a sacrifice - for the purpose of strengthening us. When we don't eat, for even a little while, we get hungry. When we get hungry, we have a heightened sense of awareness. If, when we eat too much, we have a sluggish feeling, when we fast, we have a feeling of alertness. Fasting is a wonderful exercise whenever we want to sincerely ask for an important grace from God. It is not that our fasting "earns" God's attention, but by fasting, we clarify our thinking and our feeling. It is purifying and prepares us to pray more deeply.

When do I fast? Catholics, as a group, are required to fast on only two days of the year - Ash Wednesday and Good Friday, from 14 years old to 60 years old, except when one is sick. On these days, fasting means something very specific and limited. It means that one eats only <u>one</u> full meal in a day, with no food in-between meals. It is understood that two other meals, if one eats three meals a day, should not total one full meal. One might fast in a more complete way, i.e., eating only a portion of a single meal. Of course, anyone is free to fast at any time that it is helpful for their prayer and reflection. It is not recommended that anyone with impaired health should fast in any way. It is also important to note that everyone who fasts should drink enough fluids on a fast day.

What does it mean to "abstain"? To abstain is to not eat meat. Its purpose is to be an act of penance - an act of sacrifice, that helps us grow in freedom to make much bigger sacrifices. Of course, it would not make sense to make the sacrifice of not eating meat, and then eat a wonderful meal I might enjoy even more. Many people eat a vegetarian diet, for a variety of reasons, and eating meat is not even an issue. It might be possible to abstain from a non-meal that I really like, on all the Fridays of Lent. It should be noted that many people in this world cannot afford to eat meat or do not have access to it. Part of our abstaining from meat can place us in solidarity with so many of our sisters and brothers around the world.

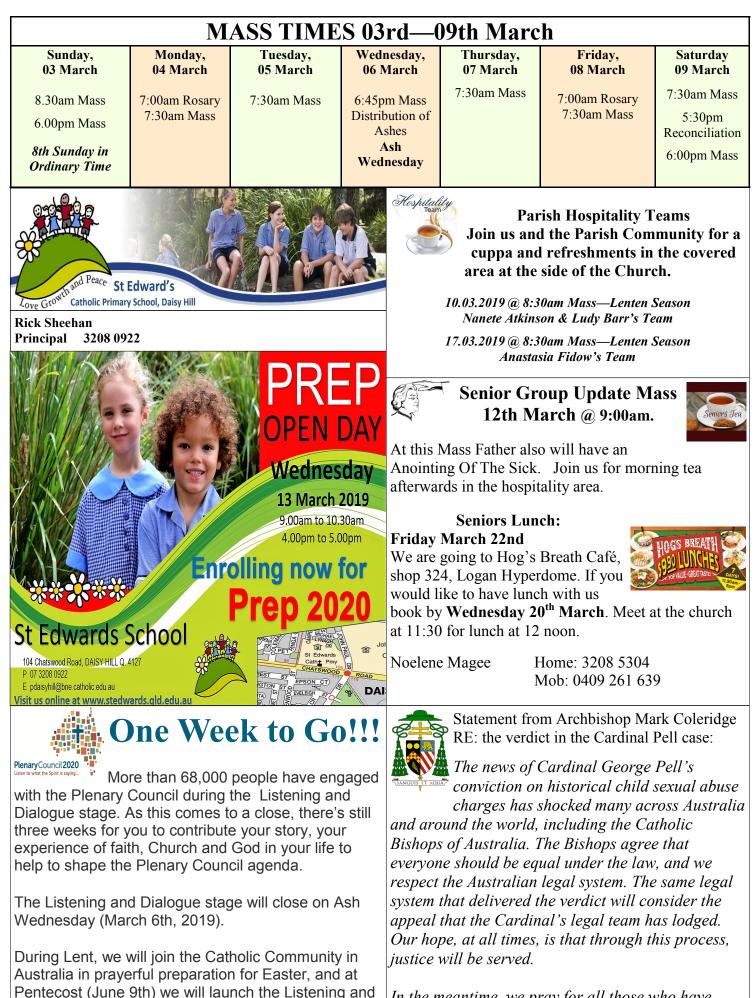
When do I abstain? Catholics, as a group, abstain from meat on Ash Wednesday and on all the Fridays of Lent, those from 18 years old to 60 years old, except when one is sick.

What about "giving up something" for Lent? When many of us were children, we might remember our giving up candy for Lent. And, it seemed like a real sacrifice. As we grew up, it was often more difficult to decide what special thing to do, to make Lent a special season - to get our attention and to prepare ourselves for deeper sacrifices. What would help me grow in freedom? That's the question to ask. For some of us, it could be, committing ourselves to give up judging others, every single day of Lent. For others, it could be giving up a bad habit we've developed. For still others, it is obvious what seems to be the important choice for me during Lent.

For many of us, the choice may not be to give something up, but to <u>add</u> something to our daily lives during Lent. We may commit ourselves to extra prayer time. We may decide to do some service to the poor, once a week during Lent.

And may the good Lord bless us all on this journey ahead.

Fr Marce



In the meantime, we pray for all those who have Discernment stage and announce the national themes been abused and their loved ones, and we commit ourselves anew to doing everything possible to ensure that the Church is a safe place for all, especially the young and the vulnerable.

Let us pray for its success.

Listening and Dialogue responses.

for discernment which have emerged from the

	Saturday @ 6:00pm	Sunday @ 8:30am	Sunday @ 6:00pm	Ash Wednesday @ 6:45pm
Holy Mass Coordinators	John Wood	Steve Richardson	Joey Nicolas	Volunteer
Parish Choirs	D'Redz Choir	Parish Youth	Voices of Praise	Voices of Praise
Overhead Projectionist	Volunteer	Volunteer	Volunteer	Volunteer
Proclaimers of the Word: 1	Priya or Nina Pereira	Esther Isbon	Isabelle McCaffery	Aaron Browell
Proclaimers of the Word: 2	Annabelle Wessling	Evelina Afoa	Ella O'Brien	Candice Wessling
Prayers of the Faithful	Eleanor Noorli	Simeon Bampton	Raphael Luna	Mattie Sarmiento
Communion Ministers	Jan McMahon	David Newey	Jed De Chavez	Volunteer
	Donna Smith	Isidore Storey	Ian Seneviratne	Volunteer
	David McLean	Mary Alphonce	Eldrin Dee	Volunteer
	Shirley D'Mello	Jess Gregorio	Anna O'Brien	Volunteer
	Lorie Angcay	Jayne Neylan	Shane McCaffery	
		Denise Love	Celi Arreza	
		Paula Vaise	Rita Sarmiento	
Altar Servers	Deandra Ganggangan	KC Sebial	Caleb O'Brien	Lucas Wessling
	Deona Ganggangan	Kim Silagan	Ava O'Brien	Phoebe Wessling
Children's Liturgy		Anita Peres & Clare Reabow		
whole community	Representa Cheryl McCaffery—Assis Phone: 07 3299 2 Cacare Services	After being know we now have ed Logan and Gold our name. We si	Family Day Care N vn as Daisy Hill for such ucators throughout Bris Coast it was time to di till operate from the I provide Play Sessions of	h a long time and sind sbane, Redland Bay, scard the 'Daisy Hill' little cottage in front o
Outside School Hours Care T: 07 3208 9470 E: daisyhilloshc@bne.centacare.net.au T: 07 3208 9470 W: www.centacarebrisbane.net.au Children's Liturgy Children's Liturgy Commences again 10 March 2019. Image: Children's Liturgy		cators and children in the service. Take a look at what has been happening at Play Sessions:		
W: <u>www.centacarebrisbane.net.au</u> Children's I Children's Commences	s again			

PRIVACY PRINCIPLES. Archdiocesan Website <u>www.bne.catholic.net.au</u> or <u>www.stewardsdaisyhill.org.au</u> We are also compelled to adhere to the **Policy of the Safeguarding Children & Vulnerable Adults** <u>https://brisbanecatholic.org.au/support/safeguard/</u>